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Ancient techniques using the hands have been depicted in various healings practices for centuries. This book combines these unique hand positions or mudras with the symbols and words of Jewish mysticism, the Kabbalah. Focusing on the patterns of the Tree of Life used within the Kabbalah, Dr. Schusterman shows us how to use our fingers and hands in key positions that will connect with the body's own energy. These movements working with focused intent will expand the body's awareness and allow healing and balance to occur. The book offers case studies of different patients with various physical and emotional problems and how using these techniques they were able to bring about healing, joy and a sense of well being into their

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lives. Through detailed charts and diagrams, this book offers six short steps to activating the Tree of Life process for personal healing and balance. Healing practitioners can also apply these mudras to remove stress or pain and improve the health of others.

Claude Rawlings, a poverty-stricken young man, feels stymied by life, until he finds an old piano and embarks on a musical odyssey that takes him into a world of wealth, power, and fame. By the author of Stop-Time. 75,000 first printing. Tour.

Dedication I begin by dedicating this book to Karim, my beloved son and soul mate. Karim, I leave this simple

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but hopefully powerful book in your hands as a daily loaf of philosophical bread, in your heart as a hope booster, and in your soul as a message of faith that might lift you up. Our Lord has said, Not by bread alone we live, but . . . I also dedicate this book to my wife, Hala, for whom I feel a great sense of gratitude, given her unlimited patience, understanding, and encouragements through many long days and nights. Finally, this work is dedicated to my cousin, Amal Hourani, a real brother and true friend. He is always there for me in his humble and quiet way. In my heart, I carry a profound sense of love and admiration for him. I love you all forever.

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A profound and in-depth dialog of Spirit-guided insights describing the nature of the soul essence and presenting imaginative, practical tools to transform human dramas. Addressing commonly asked questions, *Opening a Window to the Soul* presents a unique way to understand how the world operates, heal painful emotions, get along with difficult people, and clear unhealthy patterns. With potent examples from the author's personal journey as well as client sessions, the messages are compassionate, enlightening and universally applicable. Topics include: the nature of the soul essence; what's between lives; soul memories, emotions, ego, and creative thought as aspects of the Earth Suit; how past life experiences impact

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present time; the soul family as relating to childhood and karmic agreements; love relationships and soul mates; working with the Spirit team (soul family guides) and soul purpose.

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