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~~Ayurvedic cure for~~

~~sciatica - Dr. Priya~~

~~Jain | Doctors'~~

~~Circle Role of~~

~~ayurveda in~~

~~treating Sciatica -~~

~~Dr. Mini Nair~~

~~Anxiety | How to~~

~~Manage Anxiety~~

~~with Ayurveda~~

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Ayurvedic

Preparation

*Strategy for final
year exams#bams
#ccim#ayurveda*

Gridhrasi(Sciatic

a) Treatment,Kay

achikitsaShree

Ram ayurvedic

medical college

\u0026 Hospital

~~Live Ayurveda~~

~~Class Day 19~~

~~(Gridhrasi Sciatica)~~

~~♣||Gridhrasi part 1|~~

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~~||SCIATICA||CLINICAL
AYURVEDA||~~ ♣

Sciatica (Gridhrasi)
Management with
Ayurveda w/Anna
Chasott-Petersen

Do you have back
pain extending to
feet ? Sciatica or
gridhrasi vata
disease as per
Ayurveda ?

*Gridhrasi - full
explanation about*

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Gridhrasi

#Ayurveda_Notes

□□□□□□□□ □□□ by
geetaru

#Kayachikitsa #KC

#BAMS #Rognidan

#Ayurveda #Gitaru

#Shanjalii #Bams

#ayurvedPain

management in

Sciatica through

Ayurveda Sciatica

Overview

Avoid These 10

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Mistakes for Vata
Dosha Ayurveda's
Guidelines For
Choosing A Diet

What Is Ayurveda?

| How to Get
Started *You Become*
What You Eat (How
Ayurveda Classifies
Food) Restless Leg
Syndrome

evidence based
treatment

Ayurveda Over

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Western Medicines

| *Dr. B.M HEGDE* |

TEDxMITE

Dr.Vasishth's

Ayurvedic

Management of

Fibromyalgia

Dr.Vasishth's

Ayurvedic

Management of

Hypothyroidism

(Hindi) □□□□□□□□÷

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~~Ayurvedic Management
Formula for
Sciatica~~

~~Dr.Vasishth's~~

~~Ayurvedic~~

*Management of
Osteoarthritis*

Dr.Vasishth's

Ayurvedic

Management of
Polycystic Ovarian
Disease (PCOD)

Dr.Vasishth's

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Management of
Hair Loss

Dr. Vasisht's
Ayurvedic

Management of
Auto-immune
Disorders

Restless Leg
Syndrome and
Its Ayurvedic
Management by

Dr. Vipul Khira
HELP TALKS

Video Ayurvedic

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Management For

Gridhrasi With

Contemporary

medicine has

limitations giving

short-term relief in

pain or surgical

intervention with

side effect. Aim

and Objectives:

The aim of this

study was to

access the efficacy

of Ayurvedic

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Ayurvedic
management
including Shodhana
and Shamana
Chikitsa in
Gridhrasi. Materials
and Methods: It is a
single case study.

~~Ayurvedic
management of
Gridhrasi with
special respect to~~

...

In this Ayurvedic

Page 15/46

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Ayurvedic

Management

satisfactory relief
was found in signs
& symptoms of

Gridhrasi and it

may be adopted for
other cases of

Gridhrasi or

sciatica & for

further research in

the management

of Gridhrasi

(sciatica). 4.

Conclusion This

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Management showed that combined Ayurvedic regimen is potent and safe and effective in the treatment of Gridhrasi. There were no adverse effects found in combined Ayurvedic regimen.

Ayurvedic

Management for

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~~Gridhrasi with
Special Reference~~

ॐ
Ayurvedic

Management for
Gridhrasi with
Special Reference
to Sciatica- A Case
Report Gridhrasi
(sciatica) is one
among Vata-vyadhi
caused by
aggravated Vata
Doshas . It is

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characterized by
burning, stinging or
numbing pain that
is felt in the
buttock, thigh, leg
or foot.

~~Ayurvedic
Management for
Gridhrasi with
Special Reference~~

...

In Ayurvedic texts,
various types of

Read Free

Ayurvedic

treatment are

described for

Gridhrasi. 1.

Nidana Parivarjana

(Avoid the

causative factors)

2. Snehana

(Oleation therapy)

3. Swedana

(Sweating therapy)

4. Virechana

(Purgation therapy)

5. Basti Karma

(Medicated enema

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therapy) 6.

Raktamokshana
(Bloodletting) 7.

AgniKarma

(Thermal cautery)

8. Shamana

(Palliative therapy)

~~Ayurvedic~~

~~Management of~~

~~Gridhrasi WSR to~~

~~Sciatica: A Review~~

The present case
study is successful

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Management

management of a
case of Gridhrasi
(Sciatica). 2. Chief

Complaints:-Durati

on 1) Vaam kati te
padatal shool

(radiating pain

from lumber, thigh,
knee, calf, foot

region) since 20

days, 2) Ubhay pad
chimchimaya

(tingling sensation)

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Ayurvedic

since 8 months,

For Gridhrasi

~~AYURVEDIC~~

~~MANAGEMENT OF~~

~~GRIDHRASI W. S. R.~~

~~SCIATICA: A ...~~

Ayurvedic

management done

by using

collaborative

approach of and

can effectively

manage which

arises due to

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Management

lumber disc ailments such as IVDP by doing pain management and good performance in daily ...

~~(PDF) Ayurvedic management of (-) Gridhasi Sciatica~~
Ayurveda is specialized in treating Sciatica with highest

Read Free

Ayurvedic

treatment success

rate. It offers

excellent

Panchakarma

therapies along

with internal

medicines for

treating Sciatica.

Ayurveda

described sciatica

as Gridhrasi

(Gridhra means

Eagle), as the gait

of the affected

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person resembles
that of an eagle's
walk and the
inflamed nerve
appears like
eagle's beak.

~~Sciatica ~ Best~~

~~Ayurvedic~~

~~Treatment |~~

~~Panchakarma |~~

~~CHARAKA~~

~~Conventional~~

~~Medicine and~~

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Surgery are widely used in the management of sciatica. There is radical rise in the use of

Complementary and Alternative Medicine (CAM) in patients with sciatica.

Ayurveda...

~~(PDF)~~

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~~Management~~
Sciatica(Gridhrasi)

~~For Gridhrasi~~
—An Ayurveda

The drug Vatari

Guggulu can be

effective in

Gridhrasi,

especially Vata

Kaphaja type of

Gridhrasi, as it

ingredients are

having Dipana,

Pachana,

Vatanulomana

properties along

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with Vata Shamaka
property. For only
Vataja type of
Gridhrasi,

Rasayana drug
having Snigdha,
Madhura, and
Vatashamaka
property may be
added. Financial
support and
sponsorship

~~Effect of Vatar~~

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Guggulu in the
management of
Gridhrasi ...

In Ayurvedic
science, various
modalities of
treatment are
explained for the
management of
Gridhrasi,
Agnikarma chikitsa
is said to have
magical results. In
Chakradatta &

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Ayurvedic

Management, we

find direct

reference of Ag-

nikarma indicated

for Gridhrasi which

is said to be done

over the

Paadakanistakam (l

ittle toe).

~~EFFICACY OF~~

~~AGNIKARMA IN THE~~

~~MANAGEMENT OF~~

~~GRIDHRASI ...~~

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Clinical

Management of
Sciatica (Gridhrasi)
through Vasti and

Kati Vasti along
with

Trayodashanga
Guggulu

DEPARTMENT OF
POST GRADUATE
STUDIES IN
KAYACHIKITSA

AYURVEDA

MAHAVIDYALAYA,

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HUBLI CERTIFICATE

This is to certify
that the
dissertation

entitled “ CLINICAL
MANAGEMENT OF
SCIATICA
(GRIDHRASI)
THROUGH VASTI
AND

~~CLINICAL
MANAGEMENT OF
SCIATICA~~

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Ayurvedic

~~Management~~

~~THROUGH VASTI ...~~

Treatment in

Ayurveda is aimed

at restoring the

equilibrium through

correction of the

underlying

functional in-

equilibrium.

Ayurvedic

treatments for

Gridhrasi

concentrate on

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bringing back the
aggravated Vata or
Vata Kapha to the
state of equilibrium
and thereby to the
state of health.

Keywords:

Gridhrasi; Sciatica;

Vata; Kapha;

Ayurveda; Charaka

~~Conceptual Study
on the
Management of~~

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~~Gridhrasi~~ Management

~~MedCrave~~ ...

Sciatica be similar
to the disease

~~Gridharsi~~ of

Ayurveda.

Gridharsi is one
among the Vataja
nanatmaja vyadhi,
where dysfunction
of Vata affect
gridharsi nadi...

~~Best Sciatica~~

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Ayurvedic
(Gridhrasi)
Ayurvedic
Management
w/Anna ...

The condition resembles disease Gridhrasi mentioned in Ayurveda under the umbrella of Vatavyadhi, and here piercing type of pain which restricts the

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Ayurvedic

movement of the affected leg, make his walking pattern-like bird vulture and put him in disgraceful condition. AIM: To assess the effect of Vatari Guggulu on the management of Gridhrasi.

~~Effect of Vatari
Guggulu in the~~

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management of

Gridhrasi

Ayurvedic

treatments for

Gridhrasi

concentrate on

bringing back the

aggravated Vata or

Vata Kapha to the

state of equilibrium

and thereby to the

state of health.

Conceptual Study

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Sciatica be similar to the disease Gridharsa of Ayurveda.

Gridharsa is one among the Vataja nanatmaja vyadhi, where dysfunction of Vata affect gridharsa nadi...

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~~Management of Sciatica (Gridhrasi)~~

~~Management with~~

~~Ayurveda w/Anna~~

~~With Special~~

~~Reference~~
Proceedings of the

Ayurveda Seminar

on Gridhrasi

(Sciatica) On 13th

March 1993

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Presidential

Address - By Dr. M.

Sambasivan, Rtd.

Professor of

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Neurosurgery,
Medical College, Th
iruvananthapuram,
Kerala; Present day
approach in the
management of
Gridhrasi - By Dr.
N.V. Krishnankutty
Varier, Arya
vaidyasala,
Kottakkal, Kerala

~~Proceedings of the
Ayurveda Seminar~~

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Ayurvedic

on Gridhrasi

(Sciatica)

Swedana

(Ayurvedic steam

therapy) by

Vatahara herbs. In

Vata-Kapha type,

especially Ruksha

Swedana should be

done. Anuvasana

Vasti (medicated

oil enema) using

medicated oils;

Niruha Vasti

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(herbal decoction
enema) using
decoctions of
various herbs.

Mridu Virechana
(mild purgation)
using various
Ayurvedic herbs.

Ayurvedic

Management of

Sciatica | Sunshine

Ayurveda

Ayurvedic herbs

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that improve the
symptoms of
Sciatica are:

Babunah is also
known as Bitter
Chamomile. Not
only is it used to
relieve and reduce
the pain faced by a
sciatica patient,
but it is also used
for treating
problems such as
rheumatism due to

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the advancement
of age.

Compressed bitter
chamomile flowers
are prescribed for
sciatica.

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